## State of Idaho DEPARTMENT OF INSURANCE

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## NEWS RELEASE

FOR IMMEDIATE RELEASE

November 10, 2009

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## NATIONAL HEALTH CARE DEBATE PROMPTS HEALTH INSURANCE REVIEW

Consumers should understand cost implications of health insurance options

BOISE ID (November 10, 2009) — The national debate over the future of health care should prompt Idahoans to review their health insurance coverage and eliminate gaps that can have a significant impact on their wallets.

"In this economic environment, consumers need to understand all of the factors that impact the cost of their health insurance," said Idaho Department of Insurance Director Bill Deal. "Reviewing their policies and tapping into the resources available will enable consumers to be more confident about their insurance choices."

By understanding the cost implications of various procedures and services, in-network and out-of-network providers, Flexible Spending Accounts, deductibles and coverages, consumers can make informed decisions about insurance options available to them.

Many health insurance policy details are developed and managed at the state level. Consumers are encouraged to contact the Department's Consumer Affairs office to learn about how local laws affect their coverage and for help with questions or complaints about coverage.

Contact them at 334-4250 in Boise, 800-721-3272 toll-free statewide, or visit the Department Website at <a href="https://www.doi.idaho.gov">www.doi.idaho.gov</a>.

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